

## Anti-inflammatories and Supplements to Stop

Below is a list of anti-inflammatory medications and supplements that you should stop taking **7 days prior** to your procedure. If you have any questions, talk to your primary care provider.

ANTI-INFLAMMATORY MEDICATIONS	OVER-THE-COUNTER SUPPLEMENTS
<ul style="list-style-type: none"><li>• Advil</li><li>• Anaicin</li><li>• Aleve</li><li>• Alka-Seltzer</li><li>• Bufferin</li><li>• Ectorin</li><li>• Indocin</li><li>• Relafen</li><li>• Naproxen</li><li>• Naprosyn</li><li>• Nuprin</li><li>• Volaren</li><li>• Votran</li></ul>	<ul style="list-style-type: none"><li>• Iron</li><li>• Vitamin E</li><li>• Ginkgo</li><li>• Garlic</li><li>• Ginger</li></ul>